

**IF YOU  
UNDERSTAND  
HOW YOU THINK,  
YOU CAN USE  
YOUR MIND  
BETTER.**



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# **YOUR THINKING PATTERN AFFECTS YOUR OUTCOME.**

“Watch your thoughts, for they will become actions. Watch your actions, for they’ll become your habits. Watch your habits for they will forge your character. Watch your character, for it will make your destiny” – Lao Tzu  
(Margaret Thatcher and Gandhi)

**THINK BETTER,  
DO BETTER,  
ACHIEVE MORE!**